

ASSESSMENT OF IMPLEMENTATION OF THE SCHOOL DISTRICT WELLNESS POLICY

Irene-Wakonda School District 13-3

March 11, 2024

The assessment is based on a rating of 1 through 4, with 1 indicating minimal compliance and implementation and 4 indicating maximum compliance and implementation. Each member of the wellness committee provided input into the overall score. The Irene-Wakonda School met at least minimum compliance with this policy's elements with a high degree of compliance observed with many, if not most, of the compliance standards.

Nutrition

School Meal Program - 4

A La Carte Offerings in the Food Service Program - 4

Snacks - 3

Parties and Celebrations - 3

School Sponsored Events - 3

Vending Machines - 4

Nutrition Education Component

Nutrition Education - 3

Physical Activity Component

Physical Education Classes K-12 - 4

Daily Recess - 4

Physical Activity Opportunities Before/After School - 3

Physical Activity Consequences - 3

Safe Routes to School - 4

Use of School Facilities Outside of School Hours - 4

Other School-Based Activities Component

Professional Development - 3

Eating Environment - 4

Recess Before Lunch - 4

Rewards, Incentives, and Consequences - 3

Fundraising - 3

Wellness Council - 4