

## Meal Prices

Breakfast		Lunch	
Grades PK-6	\$1.75	Grades PK-6	\$3.00
Grades 7-12	\$1.80	Grades 7-12	\$3.05
Adult	\$2.05	Adult	\$3.55
Extra Entrée	\$1.00	Extra Entrée	\$1.55
Extra Milk	\$0.45	Extra Milk	\$0.45

# February 2018



## Irene – Wakonda School District Middle/High School Menu

### Monday

### Tuesday

### Wednesday

### Thursday

### Friday



### Fill Up & Fuel Up at the Unlimited Fruit & Vegetable Bar



### Sausage Pancake Stick <sup>1</sup>

- A. Mac & Cheese w/Bread
- B. Pepperoni Pizza
- C. Turkey & Cheese Sub

Sidekicks Frozen Juice Cup

No School

### Breakfast Pizza <sup>5</sup>

- A. Italian Pasta Bake w/Breadstick
- B. Cheeseburger
- C. Ham & Cheese Sub

Green Beans

### Cheesy Eggs & Toast <sup>6</sup>

- A. Pulled Pork Sandwich
- B. Crispy Chicken Sandwich
- C. Cold Cut Sub

Baked Beans

### French Toast Sticks <sup>7</sup>

- A. Chicken & Noodles w/Bread
- B. Corn Dog
- C. Italian Sub

Peas

### Egg & Cheese Biscuit <sup>8</sup>

- A. Beef & Cheese Burrito
- B. Popcorn Chicken
- C. Turkey & Cheese Sub

Chocolate Chip Cookie  
Corn

No School

### Pancakes <sup>12</sup>

- A. Turkey & Gravy
- B. Chicken Nuggets
- C. Ham & Cheese Sub

A&B: Bread  
Mashed Potatoes & Gravy

### Sausage Pancake Stick <sup>13</sup>

- A. Doritos Walking Taco w/Rice
- B. Chicken Wrap
- C. Cold Cut Sub

Corn

### Long John Donut <sup>14</sup>

- A. Italian Dunker
- B. BBQ Meatball Sub
- C. Italian Sub

Jello  
Carrots

### Waffles <sup>15</sup>

- A. Sloppy Joe
- B. Hot Dog on Bun
- C. Turkey & Cheese Sub

French Fries

No School

No School

### Long John Donut <sup>20</sup>

- A. Spaghetti w/Meat Sauce
- B. Chicken Sticks
- C. Ham & Cheese Sub

A&B: Garlic Toast  
Green Beans

### Glazed Donut <sup>21</sup>

- A. Grilled Turkey & Swiss
- B. Cheeseburger
- C. Italian Sub

Carrots

### Breakfast Sliders <sup>22</sup>

- A. Nachos Grande
- B. Tangerine Chicken
- C. Cold Cut Sub

A&B: Rice  
Corn

### Dutch Waffle <sup>23</sup>

- A. Scrambled Eggs w/French Toast Sticks
- B. Chicken Wrap
- C. Turkey & Cheese Sub

Tater Tots

### Breakfast Boat <sup>26</sup>

- A. Grilled Cheese Sandwich
- B. Crispy Chicken Sandwich
- C. Ham & Cheese Sub

Tomato Soup

### Cheesy Eggs & Toast <sup>27</sup>

- A. Chili
- B. Chicken Nuggets
- C. Cold Cut Sub

Cinnamon Roll  
Corn

### French Toast Sticks <sup>28</sup>

- A. Super Mexi Tots w/Bread
- B. Pork Rib Sandwich
- C. Italian Sub

Carrots

### Dairy Benefits:

- Brain Development
- Strong Bones/Teeth
- Sports Recovery
- Disease Prevention
- Maintain Strong Muscles & Bones



### Breakfast Choices Offered Daily

- 100% Juice and Fruit
- Breakfast Entrée
- Cereal & Bread/Toast
- Low-Fat, Skim Strawberry & Skim Chocolate Milk



### Daily Lunch Menu Includes

- Choice of A, B & C Entrées
- Fruit & Vegetable Bar
- Low-Fat, Skim Strawberry & Skim Chocolate Milk