

## Meal Prices

Breakfast		Lunch	
Grades PK-6	\$1.75	Grades PK-6	\$3.00
Grades 7-12	\$1.80	Grades 7-12	\$3.05
Adult	\$2.05	Adult	\$3.55
Extra Entrée	\$1.00	Extra Entrée	\$1.55
Extra Milk	\$0.45	Extra Milk	\$0.45

# December 2017



## Irene – Wakonda School District Middle/High School Menu

### Monday

### Tuesday

### Wednesday

### Thursday

### Friday

### Fill Up & Fuel Up at the Unlimited Fruit & Vegetable Bar



\*Please\*  
remember to  
take at least  
½ cup fruit & or  
veggies for a  
well balance  
meal

1

No School

#### Pancakes 4

- A. Turkey & Gravy
- B. Chicken Nuggets
- C. Ham & Cheese Sub

A&B: Bread  
Mashed Potatoes & Gravy

#### Long John Donut 5

- A. Italian Dunker
- B. BBQ Meatball Sub
- C. Cold Cut Sub

Carrots

#### Waffles 6

- A. Sloppy Joe
- B. Hot Dog on Bun
- C. Italian Sub

French Fries

#### Sausage Pancake Stick 7

- A. Mac & Cheese w/Bread
- B. Taco Quesadillas
- C. Turkey & Cheese Sub

Sidekicks Frozen Juice Cup

8

No School

#### Dutch Waffle 11

- A. Cheesy Chicken Penne
- B. Stuffed Crust Pizza
- C. Ham & Cheese Sub

Peas

#### Sausage/Cheese Biscuit 12

- A. Nachos Grande
- B. Tangerine Chicken
- C. Italian Sub

A&B: Rice  
Corn

#### Breakfast Sliders 13

- A. Pulled Pork Sandwich
- B. Cheeseburger
- C. Turkey & Cheese Sub

Carrots

#### Glazed Donut 14

- A. Baked Ham
- B. Country Beef Fritter
- Cheesy Green Beans
- Dinner Roll
- Baked Potato
- Ice Cream

15

No School

#### Breakfast Boat 18

- A. Grilled Cheese Sandwich
- B. Crispy Chicken Sandwich
- C. Ham & Cheese Sub

Baked Fries

#### Cheesy Eggs & Toast 19

- A. Chicken Enchilada
- B. Chicken Nuggets
- C. Cold Cut Sub

Cinnamon Roll  
Peas

#### French Toast Sticks 20

- A. Super Mexi Tots  
w/Bread
- B. Pork Rib Sandwich
- C. Italian Sub

Carrots

21

No School

22

No School



### Breakfast Choices Offered Daily

- 100% Juice and Fruit
- Breakfast Entrée
- Cereal & Bread/Toast
- Low-Fat, Skim Strawberry & Skim Chocolate Milk



### Daily Lunch Menu Includes

- Choice of A, B & C Entrées
- Fruit & Vegetable Bar
- Low-Fat, Skim Strawberry & Skim Chocolate Milk