

## Meal Prices

Breakfast		Lunch	
Grades PK-6	\$1.75	Grades PK-6	\$3.00
Grades 7-12	\$1.80	Grades 7-12	\$3.05
Adult	\$2.05	Adult	\$3.55
Extra Entrée	\$1.00	Extra Entrée	\$1.55
Extra Milk	\$0.45	Extra Milk	\$0.45

# January 2018

## Irene – Wakonda School District Middle/High School Menu



### Monday

### Tuesday

### Wednesday

### Thursday

### Friday



1

#### French Toast Sticks 2

- A. Grilled Turkey & Swiss
- B. Crispy Chicken Sandwich
- C. Cold Cut Sub

Baked Beans

#### Cheesy Eggs & Toast 3

- A. Chicken & Noodles w/Bread
- B. Corn Dog
- C. Italian Sub

Peas

#### Egg & Cheese Biscuit 4

- National Spaghetti Day!
- A. Spaghetti w/Meat Sauce
  - B. Chicken Sticks
  - C. Turkey & Cheese Sub
- A&B: Garlic Toast  
Corn

#### Cinnamon Roll 5

- A. Tater Tot Hotdish w/Bread
- B. Cheese Pizza
- C. Turkey & Cheese Sub

Green Beans

#### Pancakes 8

- A. Turkey & Gravy
- B. Chicken Nuggets
- C. Ham & Cheese Sub

A&B: Bread  
Mashed Potatoes & Gravy

#### Breakfast Burrito 9

- A. Italian Dunker
- B. BBQ Meatball Sub
- C. Cold Cut Sub

Carrots

#### Waffles 10

- A. Sloppy Joe
- B. Hot Dog on Bun
- C. Italian Sub

French Fries

#### Sausage Pancake Stick 11

- A. Mac & Cheese w/Bread
- B. Taco Quesadillas
- C. Turkey & Cheese Sub

Sidekicks Frozen Juice Cup

12

No School

15

No School

#### Dutch Waffle 16

- A. Cheesy Chicken Penne
- B. Stuffed Crust Pizza
- C. Ham & Cheese Sub

Peas

#### Glazed Donut 17

- A. Pulled Pork Sandwich
- B. Cheeseburger
- C. Turkey & Cheese Sub

Carrots

#### Breakfast Sliders 18

- A. Nachos Grande
- B. Tangerine Chicken
- C. Italian Sub

A&B: Rice  
Corn

#### Cinnamon Roll 19

- A. Scrambled Eggs w/French Toast Sticks
- B. Chicken Wrap
- C. Turkey & Cheese Sub

Tater Tots

#### Breakfast Boat 22

- A. Grilled Cheese Sandwich
- B. Crispy Chicken Sandwich
- C. Ham & Cheese Sub

Baked Fries

#### Cheesy Eggs & Toast 23

- A. Chicken Enchilada
- B. Chicken Nuggets
- C. Cold Cut Sub

Cinnamon Roll  
Peas

#### French Toast Sticks 24

- A. Super Mexi Tots w/Bread
- B. Pork Rib Sandwich
- C. Italian Sub

Carrots

#### Egg & Cheese Biscuit 25

- A. Ham & Scalloped Potatoes w/Bread
- B. Pepperoni Pizza
- C. Turkey & Cheese Sub

Corn

26

No School

#### Pancakes 29

- A. Hot Ham & Cheese
- B. Taco Fiesta Pizza
- C. Ham & Cheese Sub

Peas

#### Breakfast Pizza 30

- A. Chicken Fajita Flatbread
- B. Mini Corn Dogs
- C. Cold Cut Sub

Corn

#### Long John Donut 31

- A. Beef & Cheese Burrito
- B. Popcorn Chicken
- C. Roast Beef & Cheese Sub

Chocolate Chip Cookie  
Green Beans

Fill up and fuel up at the fruit & veggie bar



### Breakfast Choices Offered Daily

- 100% Juice and Fruit
- Breakfast Entrée
- Cereal & Bread/Toast
- Low-Fat, Skim Strawberry & Skim Chocolate Milk



### Daily Lunch Menu Includes

- Choice of A, B & C Entrées
- Fruit & Vegetable Bar
- Low-Fat, Skim Strawberry & Skim Chocolate Milk